



## School Wellness Committee Meeting Agenda

---

**Date:** Thursday April 25<sup>th</sup>, 2019  
**Time:** 3:30 p.m. – 4:30 p.m.  
**Location:** Marshfield High School Library  
**Attendees:** Shelly Schneider, Kendra Ferreyra, Tammy Voss, Melanie Jaecks

---

### 1) Welcome and Introductions

### 2) Go over minutes from April Meeting

### 3) May Wellness Corner

- Decided to include information regarding summer activities in Marshfield in May wellness corner
  - Including blurb and link to screen free week website since it wasn't posted in April newsletter
  - Screen Free week is April 29-May 3, information will remain posted and relevant throughout the entire year.
  - May Wellness corner survey questions will be
    1. Would you be interested in an employee wellness challenge? (Yes, No, Maybe)
    2. What type of challenge would you like to see? (Short Answer)
    3. What would you like to see in next year's staff wellness corners? (Short Answer)
  - Decided to include health joke at beginning of wellness corner to draw attention/peek interest
- Tammy Voss shared that the Madison School District has a great wellness group that promotes apps and activities for staff members to participate in with large turnouts. Group discussed possibility of incorporating wellness challenges at Marshfield School District in future but would like to see if there is any interest first.

### 4) Discuss Student Leadership Committee considering cooking carts as potential topic of interest

- Emailed Brenda Bauer regarding this. She is going to offer cooking carts to leadership group in August when they are planning their topics for next year.

### 5) Summer Activities/Plan back to school meeting

- Will not meet in August. Next meeting will be May 20<sup>th</sup>. Back to school meeting will be end of September

### 6) Farm to School Updates

### 7) All Schools Wellness Updates



- a. Attendees share any wellness-related activities happening at your school
  - Grant Elementary has started friendly wellness competition between staff. They share healthy recipes and cooking tips with one another.

Committee also discussed ways to make wellness website and information easier for staff to access. Tammy Voss mentioned including link to wellness website or info under staff tab on school webpage. Would likely need prior approval and IT help with this but discussed as potential option for highlighting wellness.

- 8) Next Meeting Date will be Monday May 20<sup>th</sup>. Three names will be drawn for those that completed the May wellness corner survey. Prizes will be one Off the Mat Yoga studio gift certificate and two day YMCA passes.

- 9) Meeting close

#### **Future Meetings**

Monday May 20<sup>th</sup>